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Beginner lessons for Critical Thinking

Unlock Your Mind: Master Critical Thinking Basics

DEFINITION

> Critical thinking is the ability to analyze information and make reasoned decisions. It involves questioning assumptions and evaluating evidence.

KEY CONCEPTS

Questioning Assumptions

Challenge the beliefs you hold to uncover potential biases and errors in thinking.

Evaluating Evidence

Assess the credibility and relevance of information before forming conclusions.

Logical Reasoning

Use structured thinking to connect ideas and draw valid conclusions.

Open-Mindedness

Be willing to consider different perspectives and change your mind based on new evidence.

Problem-Solving

Apply critical thinking to identify solutions to complex issues.

EXAMPLES

→ Deciding whether to trust a news article by checking its sources.

→ Analyzing a friend's argument by considering alternative viewpoints.

→ Solving a math problem by breaking it down into smaller steps.

MEMORY TIPS

★ Use the acronym 'QUEST' to remember: Question, Understand, Evaluate, Solve, Think.

★ Visualize a 'thinking hat' to remind yourself to consider multiple perspectives.

★ Create a mind map to organize thoughts and evidence when analyzing a topic.

COMMON MISTAKES

✗ Accepting information at face value without questioning its validity.

✗ Ignoring emotional biases that affect judgment.

✗ Rushing to conclusions without sufficient evidence.

QUICK RECAP

Critical thinking is essential for making informed decisions. Focus on questioning assumptions and evaluating evidence to improve your reasoning skills. Remember to stay open-minded and practice problem-solving techniques.