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Beginner lessons for Contouring

Master Contouring: Sculpt Your Face Like a Pro!

DEFINITION

> Contouring is a makeup technique used to define and enhance facial features by using light and shadow. It involves applying darker shades to create depth and lighter shades to highlight areas.

KEY CONCEPTS

Face Shapes

Understanding different face shapes helps tailor contouring techniques for the best results.

Products Used

Common products include contour sticks, powders, and highlighters that vary in texture and finish.

Application Techniques

Using brushes or sponges, apply contour in specific areas like the cheekbones, nose, and jawline.

Blending

Blending is crucial for a natural look; harsh lines can make contouring appear obvious.

Highlighting

Highlighting complements contouring by bringing attention to the high points of the face.

EXAMPLES

→ Apply a darker shade under cheekbones for definition.

→ Use a lighter shade on the bridge of the nose for highlighting.

→ Blend contour along the jawline to create a slimmer appearance.

MEMORY TIPS

★ Think of 'C' for contouring: Curves under cheekbones.

★ Remember 'L' for light: Highlight where light naturally hits.

★ Visualize a 3D shape to understand depth and shadow.

COMMON MISTAKES

✗ Using too much product, leading to a cakey look.

✗ Not blending enough, resulting in harsh lines.

✗ Choosing the wrong shades that don't match skin tone.

QUICK RECAP

Contouring enhances facial features using light and shadow. Focus on application techniques, blending, and choosing the right products for your face shape. Avoid common mistakes for a flawless finish.