ONE PAGE SUMMARY

Lifestyle & Hobbies › Fashion › Capsule Style

Beginner lessons for Capsule Style

Master the Art of Capsule Style for Effortless Fashion!

DEFINITION

> Capsule style is a minimalist approach to fashion, focusing on a small, versatile wardrobe. It emphasizes quality over quantity, allowing for easy mixing and matching.

KEY CONCEPTS

Core Pieces

These are essential items that form the foundation of your capsule wardrobe.

Color Palette

Choosing a cohesive color scheme helps ensure all pieces work well together.

Seasonal Updates

Refreshing your capsule wardrobe seasonally keeps it relevant and exciting.

Quality Over Quantity

Investing in high-quality items leads to a longer-lasting and more stylish wardrobe.

Versatility

Select pieces that can be dressed up or down for various occasions.

EXAMPLES

→ A classic white shirt paired with jeans and a blazer.

→ A little black dress that can be styled for day or night.

→ Neutral shoes that match multiple outfits.

MEMORY TIPS

★ Think 'Less is More' to remember the minimalist approach.

★ Use the acronym C.Q.V. for Core, Quality, Versatility.

★ Visualize a capsule wardrobe as a puzzle where each piece fits perfectly.

COMMON MISTAKES

✗ Overloading the wardrobe with too many items.

✗ Neglecting to choose a cohesive color palette.

✗ Failing to consider personal style and comfort.

QUICK RECAP

Capsule style simplifies fashion by focusing on a few versatile pieces. Remember to prioritize quality and maintain a cohesive color palette for easy outfit creation.