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Beginner lessons for Capsule Style

Master Capsule Style for Effortless Fashion Choices!

DEFINITION

Capsule style is a minimalist approach to fashion, focusing on a small, versatile wardrobe. It emphasizes quality over quantity, allowing for easy outfit combinations.

KEY CONCEPTS

Core Pieces

These are essential items that form the foundation of your wardrobe, like jeans and a white shirt.

Color Palette

Choosing a cohesive color scheme helps ensure that all pieces can mix and match easily.

Seasonal Adjustments

Updating your capsule wardrobe seasonally keeps it fresh and relevant to current trends.

Quality Over Quantity

Investing in high-quality items means they last longer and look better, reducing the need for frequent replacements.

Versatile Accessories

Accessories like scarves and belts can transform an outfit, maximizing the use of core pieces.

EXAMPLES

- A black blazer paired with jeans and a white tee.
- A neutral dress styled with different shoes and accessories.
- Layering a turtleneck under a summer dress for fall.

MEMORY TIPS

- ★ Remember 'CQS' for Core, Quality, Seasonal adjustments.
- ★ Think 'Mix & Match' for versatile combinations.
- ★ Use 'Fewer, Better' to recall the minimalist approach.

COMMON MISTAKES

- ✗ Overcomplicating the wardrobe with too many pieces.
- ✗ Neglecting to choose a cohesive color palette.
- ✗ Failing to update the capsule seasonally.

QUICK RECAP

Capsule style simplifies fashion by focusing on a small, versatile wardrobe. Prioritize core pieces, a cohesive color palette, and quality items to create stylish outfits effortlessly.