ONE PAGE SUMMARY

Kids Learning › Logical Thinking › Decision Making

What is Decision Making

Mastering Decision Making for Better Choices!

DEFINITION

> Decision making is the process of choosing between options. It helps us solve problems and make choices in everyday life.

KEY CONCEPTS

Options

These are the different choices available to you when making a decision.

Consequences

These are the results or outcomes that follow from the choices you make.

Weighing Pros and Cons

This involves evaluating the advantages and disadvantages of each option.

Making a Plan

Creating a step-by-step approach to implement your decision effectively.

Reflecting

Thinking about the decision after it has been made to learn from the experience.

EXAMPLES

→ Choosing what snack to eat after school.

→ Deciding whether to play outside or do homework first.

→ Selecting a book to read for fun.

MEMORY TIPS

★ Use the acronym 'POPC' for Options, Pros, Cons, and Consequences.

★ Visualize a scale to balance pros and cons.

★ Think of decision making as a treasure map with different paths.

COMMON MISTAKES

✗ Rushing to make a decision without considering options.

✗ Ignoring the consequences of choices.

✗ Not asking for help or advice when needed.

QUICK RECAP

Decision making is about choosing the best option from available choices. Remember to weigh the pros and cons and reflect on your decisions to improve future choices.