

ONE PAGE SUMMARY

Kids Learning > Logical Thinking > Decision Making

What is Decision Making

Master the Art of Decision Making for Better Choices!

DEFINITION

Decision making is the process of choosing between options. It helps us solve problems and make choices in everyday life.

KEY CONCEPTS

Identifying Options

Recognize different choices available before making a decision.

Weighing Pros and Cons

Consider the advantages and disadvantages of each option.

Making a Choice

Select the option that seems best based on your evaluation.

Evaluating Outcomes

Reflect on the results of your decision to learn for the future.

Seeking Advice

Ask others for their opinions to gain different perspectives.

EXAMPLES

- Choosing what game to play with friends.
- Deciding whether to study now or later.
- Selecting a snack from the pantry.

MEMORY TIPS

- ★ Use the acronym DECIDE: Define, Explore, Consider, Identify, Decide, Evaluate.
- ★ Visualize a decision tree to map out choices.
- ★ Think of a 'pros and cons' list as a balance scale.

COMMON MISTAKES

- ✗ Rushing into a decision without considering options.
- ✗ Ignoring feelings or instincts about a choice.
- ✗ Not learning from past decisions.

QUICK RECAP

Decision making is about choosing the best option among several. Remember to identify options, weigh pros and cons, and evaluate outcomes to improve future decisions.