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What is Safety Rules

Safety rules keep kids safe and healthy every day!

DEFINITION

Safety rules are guidelines that help us stay safe and avoid accidents. They teach us how to protect ourselves and others in different situations.

KEY CONCEPTS

Look Before You Cross

Always check for cars and other dangers before stepping onto the road.

Wash Your Hands

Regular hand washing helps prevent the spread of germs and keeps us healthy.

Wear a Helmet

Wearing a helmet while biking or skating protects your head from injuries.

Stay with Adults

Always stay close to a trusted adult in public places to ensure your safety.

Emergency Numbers

Know important phone numbers, like 911, to call for help in emergencies.

EXAMPLES

- Always buckle your seatbelt in the car.
- Don't talk to strangers without an adult present.
- Use scissors safely by cutting away from your body.

MEMORY TIPS

- ★ Remember 'Stop, Look, Listen' for road safety.
- ★ Use the acronym 'H.E.L.P.' for safety: Helmet, Emergency numbers, Look before crossing, Stay with adults.
- ★ Think of 'Wash and Go' to remember hand washing before meals.

COMMON MISTAKES

- ✗ Ignoring traffic signals when crossing the street.
- ✗ Not wearing protective gear during sports.
- ✗ Forgetting to wash hands after using the restroom.

QUICK RECAP

Safety rules are essential for keeping us safe and healthy. Remember to follow guidelines like looking before crossing and washing your hands regularly. Always stay close to trusted adults and know emergency numbers.