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# What is Tidying Up

Tidying Up: A Key to a Happy Space!

## DEFINITION

> Tidying up means organizing and cleaning your space. It helps keep things neat and makes it easier to find what you need.

## KEY CONCEPTS

### Decluttering

Removing items you no longer need or use to create more space.

### Organizing

Arranging items in a way that makes sense, like putting similar things together.

### Daily Habits

Making tidying up a regular part of your day, like putting toys away after playing.

### Team Effort

Tidying up can be more fun when done with family or friends.

### Setting Goals

Deciding how tidy you want your space to be and working towards that goal.

## EXAMPLES

→ Putting your books back on the shelf after reading.

→ Cleaning your room every Saturday morning.

→ Organizing your school supplies in a drawer.

## MEMORY TIPS

★ Think of Tidy as 'Take It Daily, Yes!'

★ Remember 'A clean space equals a clear mind!'

★ Use the acronym SORT: Sort, Organize, Remove, Tidy.

## COMMON MISTAKES

✗ Leaving items on the floor instead of putting them away.

✗ Not sorting through belongings regularly.

✗ Trying to tidy up everything at once instead of in small steps.

## QUICK RECAP

Tidying up is about keeping your space organized and clean. It involves decluttering, organizing, and making it a daily habit. Remember, tidying can be fun and is easier with help!