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What is Tidying Up

Tidying Up: A Key to a Happy Space!

DEFINITION

Tidying up means organizing your things and keeping your space clean. It helps you find what you need and feel good.

KEY CONCEPTS

Organizing

Putting items in their right places so you can easily find them.

Decluttering

Removing things you no longer need to make space for what matters.

Routine

Creating a regular schedule for cleaning and tidying up your space.

Responsibility

Taking care of your belongings and your environment.

Teamwork

Working together with family or friends to tidy up faster and have fun.

EXAMPLES

- Putting toys back in their bins after playing.
- Making your bed every morning.
- Sorting clothes into drawers after laundry.

MEMORY TIPS

- ★ Remember 'Tidy Up' as 'Time to Organize Your Space!'
- ★ Use the acronym 'CLEAN' - Clear, Label, Eliminate, Arrange, Neaten.
- ★ Think of tidying as a game: the faster you go, the more points you earn!

COMMON MISTAKES

- ✗ Leaving items out instead of putting them away.
- ✗ Not having a specific place for everything.
- ✗ Rushing through tidying without doing a thorough job.

QUICK RECAP

Tidying up is about organizing and cleaning your space. It helps you feel better and find things easily. Remember to make it a routine and involve others for more fun!