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What is Respect

Respect is the foundation of positive relationships!

DEFINITION

> Respect means treating others with kindness and valuing their feelings and opinions. It's about recognizing everyone's worth.

KEY CONCEPTS

Listening Actively

Pay attention when someone is speaking, showing that you value their words.

Polite Language

Using 'please,' 'thank you,' and 'sorry' demonstrates respect in communication.

Understanding Differences

Respecting diverse backgrounds and opinions helps create a harmonious environment.

Personal Space

Everyone has their own comfort zone; respecting it shows consideration for others.

Helping Others

Offering assistance when someone is in need is a sign of respect and kindness.

EXAMPLES

→ Listening to a friend's opinion during a discussion.

→ Holding the door open for someone behind you.

→ Apologizing when you accidentally bump into someone.

MEMORY TIPS

★ Think of RESPECT as 'Recognizing Everyone's Specialness, Promoting Equality, Caring Together.'

★ Use the acronym LISTEN to remember: Look, Inquire, Stay engaged, Take turns, Empathize, Nod.

★ Visualize a golden rule: Treat others how you want to be treated.

COMMON MISTAKES

✗ Interrupting others while they are speaking.

✗ Using disrespectful language or tone.

✗ Ignoring someone's feelings or opinions.

QUICK RECAP

Respect is about valuing others and treating them kindly. It involves listening, using polite language, and understanding differences. Remember to practice respect in everyday interactions!