ONE PAGE SUMMARY

Kids Learning › Basic Mathematics › Time

What is Time

Understanding Time: The Key to Daily Life!

DEFINITION

> Time is a way to measure how long things take or when they happen. We use clocks and calendars to keep track of time.

KEY CONCEPTS

Seconds, Minutes, Hours

These are units of time. There are 60 seconds in a minute and 60 minutes in an hour.

Clocks

Clocks show us the time. They can be analog with hands or digital with numbers.

AM and PM

AM means morning time and PM means evening time. They help us know if it's day or night.

Days and Weeks

A day has 24 hours, and a week has 7 days. We use them to organize our schedules.

Time Zones

Different places in the world have different times. This is because the Earth rotates.

EXAMPLES

→ School starts at 8:00 AM.

→ Dinner is usually at 6:30 PM.

→ A day has 24 hours.

MEMORY TIPS

★ Remember: 60 seconds = 1 minute, 60 minutes = 1 hour.

★ Think of AM as 'After Midnight' and PM as 'Post Meridiem' (after noon).

★ Use a clock drawing to visualize time.

COMMON MISTAKES

✗ Confusing AM and PM.

✗ Forgetting the number of days in each month.

✗ Not converting time zones correctly.

QUICK RECAP

Time helps us measure and organize our daily activities. We use various units like seconds, minutes, and hours to understand it better. Remember the difference between AM and PM for daily schedules!