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Understanding स्वच्छता for a Cleaner Environment

DEFINITION

स्वच्छता refers to the concept of maintaining cleanliness in our surroundings. It emphasizes the importance of a clean environment for health and well-being.

KEY CONCEPTS

स्वच्छता का महत्व स्वस्थ जीवन

Cleanliness is crucial for preventing diseases and promoting a healthy lifestyle.

पर्यावरण रक्षण के तरीके

Protecting the environment involves actions like reducing waste and conserving resources.

समुदाय भागीदारी स्वच्छता

Community involvement is essential in maintaining cleanliness and encouraging others to participate.

स्वच्छता अभियानों का महत्व

Various campaigns promote cleanliness and educate people about its significance.

EXAMPLES

- Participating in local clean-up drives.
- Using dustbins to dispose of waste properly.
- Planting trees to enhance the environment.

MEMORY TIPS

- ★ Remember 'Cleanliness is next to godliness' to emphasize its importance.
- ★ Use the acronym 'CLEAN' - Care, Love, Environment, Action, Nature.
- ★ Visualize a clean space to associate positive feelings with cleanliness.

COMMON MISTAKES

- ✗ Ignoring the importance of personal hygiene.
- ✗ Not participating in community cleanliness efforts.
- ✗ Littering in public spaces.

QUICK RECAP

स्वच्छता teaches us the significance of cleanliness in our surroundings. By understanding and practicing cleanliness, we contribute to a healthier environment and community.