ONE PAGE SUMMARY

Academic Education ICSE › Class 2 › English

My Bicycle

Discover the joy and adventure of riding a bicycle!

DEFINITION

A bicycle is a two-wheeled vehicle powered by pedaling. It is a fun way to travel and exercise.

KEY CONCEPTS

Parts of a Bicycle

A bicycle has several important parts like the wheels, handlebars, and pedals.

Safety Gear

Wearing a helmet and knee pads helps keep you safe while riding.

Riding Techniques

Balancing, steering, and pedaling are essential skills for riding a bicycle.

Benefits of Bicycling

Riding a bicycle improves fitness, helps the environment, and is a fun activity.

Traffic Rules

Bicycle riders must follow traffic rules to stay safe on the road.

EXAMPLES

→ I ride my bicycle to school every day.

→ My friend and I race our bicycles in the park.

→ We learn about bicycle safety in class.

MEMORY TIPS

★ Remember 'Bicycle' has 'bi' for two wheels.

★ Think of 'PEDAL' as 'Push Every Day And Live'.

★ Use the acronym 'SAFE' for Safety, Awareness, Follow rules, Enjoy riding.

COMMON MISTAKES

✗ Forgetting to wear a helmet while riding.

✗ Not checking the brakes before riding.

✗ Ignoring traffic signals and rules.

QUICK RECAP

Bicycles are fun and healthy ways to travel. Remember to wear safety gear and follow traffic rules while riding. Practice balancing and steering to become a great cyclist.