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# My Bicycle

Discover the Joy of Riding My Bicycle!

DEFINITION

A bicycle is a two-wheeled vehicle powered by pedaling. It helps us travel and have fun.

KEY CONCEPTS

Parts of a Bicycle

A bicycle has several important parts, including the frame, wheels, and handlebars.

Safety Gear

Wearing a helmet and knee pads keeps us safe while riding our bicycles.

Riding Techniques

Learning how to balance and steer is essential for riding a bicycle smoothly.

Benefits of Biking

Riding a bicycle is good exercise and helps us explore our surroundings.

Traffic Rules

Bicycle riders must follow traffic rules to stay safe on the road.

EXAMPLES

- I ride my bicycle to school every day.
- My friend and I race our bicycles in the park.
- We decorate our bicycles with colorful stickers.

MEMORY TIPS

- ★ Remember 'B' for Bicycle: Balance, Brake, and Be safe!
- ★ Think of the rhyme: 'Pedal, steer, and have no fear!'
- ★ Visualize a bicycle's shape to recall its parts easily.

COMMON MISTAKES

- ✗ Forgetting to wear a helmet while riding.
- ✗ Not checking the brakes before riding.
- ✗ Ignoring traffic signals when biking.

QUICK RECAP

A bicycle is a fun way to travel and exercise. Remember the parts, safety gear, and traffic rules for a safe ride. Enjoy biking with friends and family!